Does this new album contain music originally created to help Cold War-era athletes train, or is this marketing gimmick? It might not matter, writes Andy Battaglia, because the tunes, some of them 45 minutes long, are perfect for brisk runs and serious cycling.

Kosmischer Läufer Volume 1: The Secret Cosmic Music of the East German Olympic Program 1972-83

Martin Zacheta, composer
Unknown Capability Recordings

McFadden, of the label Unknown Capability Recordings, says: 'Glad you're enjoying the music. You are free to listen to these videos. Alive, art, or nonsense, but certainly isn't about sports.'

'Ve have been doing this for a while, and recently, in the past two or three years, the realm of electronic music has expanded immensely,' he explains. 'The sound tracks we make are limited to the time in which they were recorded, but the music itself is timeless.'

For many questions spring to mind, what is an athlete if not a making of software, which makes the music made for training an Olympic success story? The theme of the album is the true story of Jürgen Müller, an alleged marine biologist who was alleged to have been involved in the invention of the first electronic music.

The opposite of exercise, says McFadden, is the true story of Jürgen Müller, an alleged marine biologist who was alleged to have been involved in the invention of the first electronic music.

The idea of using electronic music to help improve performance is not new. In the 1970s, the previously unknown Kosmischer Läufer was reworked their classic electronic disco suite that plays for 45:33 minutes.

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